

# GRAHAM GRIZZLIES ATHLETICS



## **2017-2018 Graham Grizzlies Athletics**

On behalf of the entire athletics department at Graham I would like to welcome everyone back for the start of our 12<sup>th</sup> athletics season! We are super excited about the upcoming year and can't wait to get started. Some programs have already begun their fall camps, as they work towards the beginning of season, while all other programs will start up the first week of the school year. The purpose of this email is to provide information to all families, so everyone is aware of what is starting up in the fall and what is coming in the winter. Lots of additional info will continue to come out the first week of school through individual coaches and managers. Please make sure to check out all of our social media links and the school website, which holds our Athletics practice and competition calendars under the athletics tab on the right side of the page, as well as daily announcements.

Please contact me directly if you have any immediate questions.

Jake Mouritzen  
Athletic Director  
GW Graham Secondary School  
[jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)  
School #: 604-847-0772  
Cell #: 604-702-8734

### **PLEASE CONTINUE TO CHECK OUT ALL OUR SOCIAL MEDIA SITES**

School website: <http://gwgraham.sd33.org/>. Click on the Athletics tab.

Our complete practice and competition google calendars can be found on our school website with all schedules.

Join our Graham Athletics Facebook page. Find us at GW Graham Athletics

Follow us on twitter and instagram @gwgathletics

Always feel free to make contact with our athletic director any time:

[jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

### **Fundraising Opportunities**

We are always looking for new sponsorship and fundraising opportunities for Graham Athletics. If you have any ideas and or are interested in getting involved with our fundraising efforts please contact our Athletic director at any time.

[jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

**GRAHAM GRIZZLIES ATHLETICS**  
**45955 Thomas Road, Chilliwack B.C. V2R-0B5**  
**Phone: 604-847-0772**  
**Fax: 604-824-0711**  
[\*\*jake\\_mouritzen@sd33.bc.ca\*\*](mailto:jake_mouritzen@sd33.bc.ca)

# GRAHAM GRIZZLIES ATHLETICS



## **Athletics Clothing - Online Store NOW OPEN**

Our Athletics Online store is open for the first two weeks of the school year please follow these instructions to make your purchase:

Custom Order URL: <https://gagraham17.itemorder.com/sale>

**Orders can be made online immediately and the store will remain open during the first two weeks of the school year. The last day to purchase items on the store will be September 17<sup>th</sup> @ 11:59pm.**

### **Please Note:**

- **Our Basketball Online store will open early October. During our second online store period you will also be able to order Rugby, Track, Ultimate and soccer clothing for the spring seasons.**

## **IMPORTANT MESSAGE TO PARENTS**

If you have any questions and or concerns during the season of play we **STRONGLY** encourage you to set up a time to meet in person with the coaching staff. We would kindly ask that you refrain from sending questions and or concerns through text messages and or emails to the coaching staffs of each sport. Our entire coaching staff is 100% committed to providing awesome elite athletic opportunities to our student athletes and are always willing to sit down with parents and athletes to discuss any questions that may arise during the season.

# GRAHAM GRIZZLIES ATHLETICS



## FALL ATHLETICS INFORMATION

### Grade 7/8 Football

The Grade 8 football team consists of students in grade 7 and 8. No experience is necessary. ALL GRADE 7 and 8 students interested in playing football are welcome to come out. If you have any questions regarding grade 7/8 football please contact Athletic Director Mouritzen: [jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

INFORMATION MEETING:

DATE: THURSDAY SEPTEMBER 7<sup>th</sup>

TIME: AT THE FIRST LUNCH BELL

LOCATION: ROOM A116 (behind the gym between the shops.)

The September Practice Schedule will be announced the first week of school.

If your son or daughter plans to play Grade 8 football this season please complete the online registration ASAP: <https://grahamfootball.wufoo.eu/forms/kdno8kx0bxs8i0/>

### Junior Varsity Football

Junior football camp began August 21<sup>st</sup>. The team is training hard every day as they prepare for the 2017 season. NEW PLAYERS ARE STILL WELCOME. The junior football team will be welcoming all new student athletes right up to the end of the first week of school.

If you have any questions about the Junior Varsity Program please contact Coach Laurie Smith: [redzonelaurie@gmail.com](mailto:redzonelaurie@gmail.com); Offensive Coordinator Luke Acheson: [luke\\_acheson@sd33.bc.ca](mailto:luke_acheson@sd33.bc.ca) and or Athletic Director Jake Mouritzen: [jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

Schedule leading up to the start of the school year:

Monday August 28<sup>th</sup> 3:45 to 6:00pm

Tuesday August 29<sup>th</sup> 3:45 to 6:00 pm

Wednesday August 30<sup>th</sup> 3:45 to 6:00pm

Thursday August 31<sup>st</sup> 3:45 to 6:00 pm

Friday September 1<sup>st</sup> 3:45 to 6:00 pm

**NEW ATHLETES CAN COME OUT TO ANY OF THE ABOVE SESSIONS AND STILL JOIN THE TEAM THE FIRST WEEK OF SCHOOL.**

**GRAHAM GRIZZLIES ATHLETICS**  
45955 Thomas Road, Chilliwack B.C. V2R-0B5  
Phone: 604-847-0772  
Fax: 604-824-0711  
[jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

# GRAHAM GRIZZLIES ATHLETICS



The complete Junior Varsity Football schedule will be available the first week of school. If your son or daughter plans to play Junior Varsity football this season please complete the online registration ASAP: <https://grahamfootball.wufoo.eu/forms/kdno8kx0bxs8i0/>

## **Senior Varsity Football**

Senior football camp began August 21<sup>st</sup>. The team is training hard every day as they prepare for the 2017 season. NEW PLAYERS ARE STILL WELCOME. The senior football team will be welcoming new student athletes to the program right up to the end of the first week of school.

If you have any questions about the Senior Varsity Program please contact Coach Laurie Smith: [redzonelaurie@gmail.com](mailto:redzonelaurie@gmail.com); Offensive Coordinator Luke Acheson: [luke\\_acheson@sd33.bc.ca](mailto:luke_acheson@sd33.bc.ca) and or Athletic Director Jake Mouritzen: [jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)

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Thursday August 31<sup>st</sup> 3:45 to 6:00 pm  
Friday September 1<sup>st</sup> 3:45 to 6:00 pm

The complete Senior Varsity Football schedule will be available the first week of school.

**NEW ATHLETES CAN COME OUT AND JOIN THE TEAM ANY DAY LISTED ABOVE AND DURING THE FIRST WEEK OF SCHOOL**

## **ONLINE FOOTBALL REGISTRATION – VERY IMPORTANT**

**It is very important that all student athletes participating with this years football program register online. We need every player registered ASAP. We will not be able to order football player packs until all athletes have registered. Please register today at: <https://grahamfootball.wufoo.eu/forms/kdno8kx0bxs8i0/>**

## **FOOTBALL MEDICAL FORMS**

**If your son or daughter is participating in the football program for the first time your family will need to complete all football medical forms. Please email our football manager Heather Elliott: [heather\\_elliott@sd33.bc.ca](mailto:heather_elliott@sd33.bc.ca)**

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# GRAHAM GRIZZLIES ATHLETICS



## **Grade 7 Girls Field Hockey**

Grade 7 Field hockey will begin the first week of school. Girls coming out for field hockey for the first time will need a pair of cleats, shin pads and a mouth guard. However, if you don't have these for your daughter at the first practice no worries at all, just encourage your daughter to come out and try a new sport! We have one of the best Field Hockey Programs in the province and our coaches are always excited to teach the game to new players!!

### **Info Meeting - Tryout / Practice Dates**

Wednesday September 6<sup>th</sup> – INFORMATION / SIGN UP MEETING

Time: First Lunch Bell

Location: Second Gym

Thursday September 7<sup>th</sup> 3:00 to 4:15pm

If you have any questions regarding field hockey please contact Coach Erin Hartfield: [erin\\_hartfield@sd33.bc.ca](mailto:erin_hartfield@sd33.bc.ca) and or Coach Colleen Folka: [colleen\\_folka@sd33.bc.ca](mailto:colleen_folka@sd33.bc.ca)

## **Junior Varsity (grades 8 and 9) Girls Field Hockey**

Junior Varsity Field Hockey tryouts will begin the first week of classes. Please see below for dates and times for week one tryouts. No experience is necessary. All girls in grade 8 and 9 interested in playing this season should come out to tryouts. Girls coming out for field hockey for the first time will need a pair of cleats, shin pads and a mouth guard. However, if you don't have these for your daughter at the first practice no worries at all, just encourage your daughter to come out on Wednesday and try a new sport!

### **Info Meeting - Tryout / Practice Dates – Week 1**

Wednesday September 6<sup>th</sup> – INFORMATION / SIGN UP MEETING

Time: First Lunch Bell

Location: Second Gym

Thursday September 7<sup>th</sup> 3:00 to 4:15pm

If you have any questions regarding Junior Varsity field hockey please contact Coach Colleen Folka: [colleen\\_folka@sd33.bc.ca](mailto:colleen_folka@sd33.bc.ca)

# GRAHAM GRIZZLIES ATHLETICS



## **Senior Varsity (Grades 10-11-12) Girls Field Hockey**

Our Senior Varsity Field Hockey team is coming off another very successful season and are excited to continue the great field hockey tradition here at Graham.

Tryouts begin the first week of classes. All Senior practices are at the Townsend Turf. For more information about Senior Varsity Field Hockey please contact Coach Erin Hartfield: [erin\\_hartfield@sd33.bc.ca](mailto:erin_hartfield@sd33.bc.ca)

### **Week 1 tryout**

Wednesday September 6<sup>th</sup> 3:30 – 5:00pm at Townsend Turf

Thursday September 7<sup>th</sup> 3:30 to 5:00 at Townsend Turf

The complete Senior Varsity Field Hockey Schedule will be released the second week of the school year.

## **IMPORTANT INFORMATION – FIELD HOCKEY /VOLLEYBALL CROSSOVER**

All levels of girls Volleyball now takes place during the fall season. Both our Volleyball and Field Hockey Coaching staffs fully support athletes participating in both Field Hockey and Volleyball during the fall season! Our coaches are working together to ensure both schedules will work and not overlap for those girls interested in doing both! If you have any questions about playing both sports in the fall season please feel free to contact: Jake Mouritzen: [jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca) ; Erin Hartfield: [erin\\_hartfield@sd33.bc.ca](mailto:erin_hartfield@sd33.bc.ca) Colleen Folka: [colleen\\_folka@sd33.bc.ca](mailto:colleen_folka@sd33.bc.ca) or Dane Larson [dane\\_larson@sd33.bc.ca](mailto:dane_larson@sd33.bc.ca)

## **Grade 7 Girls Volleyball**

All girls interested in playing grade 7 volleyball should attend the important sign up/information meeting the first week of school. For more information please contact Coach Dane Larson [dane\\_larson@sd33.bc.ca](mailto:dane_larson@sd33.bc.ca)

### **Important Dates and times:**

Information sign up meeting: Wednesday September 6<sup>th</sup> at Lunch in the main gym.

First Practice – TBA – Student athletes will be informed of the first practice time at the meeting on Wednesday.

# GRAHAM GRIZZLIES ATHLETICS



## **Grade 8 Girls Volleyball**

Grade 8 girls' volleyball will begin the first week of classes. Please see Tryout times below. If you have any additional questions at this time please contact Coach Etsell: [Kaytlin\\_etsell@sd33.bc.ca](mailto:Kaytlin_etsell@sd33.bc.ca)

### **Important Dates and times:**

Wednesday September 6<sup>th</sup> - Information / Sign up meeting at Lunch in the gym.  
Thursday September 7<sup>th</sup> - Tryout #1 3:00 to 4:30pm  
Friday September 8<sup>th</sup> – Tryout #2 3:00 to 4:30 pm

The September practice schedule will be released the second week of the school year.

## **Grade 9 Girls Volleyball**

Grade 9 girls' volleyball will begin the first week of classes. Please see important dates below. If you have any additional questions at this time please contact Coach Holford: [matt\\_holford@sd33.bc.ca](mailto:matt_holford@sd33.bc.ca)

### **Important Dates and Times**

Wednesday September 6<sup>th</sup> - information /sign up meeting  
Time: First Lunch Bell  
Location: Main Gym

Athletes will be informed of practice schedule at this meeting.

## **Junior Varsity Girls Volleyball**

Junior Varsity Girls Volleyball will be made up of current grade 10 female student athletes (Grade 9 female student athletes may also be invited to play on this team). All student athletes interested in playing on the JV girls team should attend an important meeting Wednesday September 6<sup>th</sup> at the first lunch bell in the main gym. If you have any questions prior to the meeting please contact our Volleyball head coach Dane Larson: [dane\\_larson@sd33.bc.ca](mailto:dane_larson@sd33.bc.ca)

### **Tryout dates and times:**

To be determined at the information meeting on Wednesday.

# GRAHAM GRIZZLIES ATHLETICS



## **Senior Varsity Girls Volleyball**

The Senior Varsity girls coaching staff are currently preparing for the 2017 fall camp which begins the week of August 28 – September 1<sup>st</sup>.

All girls (new and returning players) that are interested in playing on this year's senior varsity team are encouraged to come out to fall camp /tryouts. All times for fall camp are listed below. If your daughter is not able to attend fall camp next week please contact Coach Larson asap.

If you have any additional questions at this time please contact Coach Dane Larson:  
[dane\\_larson@sd33.bc.ca](mailto:dane_larson@sd33.bc.ca)

Tryout dates and times:

Monday August 28<sup>th</sup> 10:00am to 2:00pm

Tuesday August 29<sup>th</sup> 10:00am to 2:00pm

Wednesday August 30<sup>th</sup> 10:00 am to 2:00pm

Thursday August 31<sup>st</sup> 10:00am to 2:00pm

Friday September 1<sup>st</sup> 10:00am to 2:00pm

## **Cross Country**

Information Meeting – Friday September 8<sup>th</sup> at Lunch in the Gym

## **Swimming**

Information Meeting – Thursday September 7<sup>th</sup> at Lunch in the Gym

## **Senior Varsity Boys Soccer**

Information/sign up meeting – Wednesday September 6<sup>th</sup> in the Main Gym

For any questions and or additional info please contact Coach Mummery:

[shane\\_mummery@sd33.bc.ca](mailto:shane_mummery@sd33.bc.ca) or Coach Yeomans at: [zachary\\_yeomans@sd33.bc.ca](mailto:zachary_yeomans@sd33.bc.ca)

## **Middle School (grade 8-9) Boys Soccer**

INFORMATION MEETING

Wednesday September 6<sup>th</sup> at Lunch in the main Gym

If you have any additional questions please contact Coach See:

[courtenay\\_see@sd33.bc.ca](mailto:courtenay_see@sd33.bc.ca)



# GRAHAM GRIZZLIES ATHLETICS



## Additional Information

### Fall Early Morning Basketball – Guest Coach – Training Sessions

This fall Grizzlies Basketball is once again excited to announce that we will be teaming up with a number of different college, university and private coaches in our region to offer early morning skill, strength, flexibility, agility and injury prevention development and training sessions. This is an amazing opportunity for our basketball players at Graham. All training sessions will be open to boys and girls in grades 8 thru 12 planning on playing basketball for the Grizzlies this season. (Please Note: If your son or daughter is in grade 7 and has been playing at the elite club level prior to coming to Graham and you would like them to attend our elite morning sessions please contact Mouritzen ASAP). There will be no cost to attend these sessions. All costs will be covered by the Graham Basketball Program. Any student athletes that plan to play basketball for the Grizzlies this year are invited and strongly encouraged to attend all of the training sessions scheduled this fall.

Coaches will be working on individual player development with players during these sessions and a variety of different themes will be covered each morning. We strongly believe these sessions will benefit ALL of our basketball players and better prepare them for their high school season. Sessions will run from 6:45 am to 8:00 am. We ask that all athletes are on the floor ready to begin the session right at 6:45am. We ask that all players make sure they bring a water bottle to any session they attend. If you have any questions about the Grizzlies Preseason Training and Development program please contact Athletic Director Jake Mouritzen: [jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca).

A Schedule for the fall sessions will be released in the next couple weeks.

### Junior and Senior Varsity Boys Basketball

**Info Meeting Friday September 8<sup>th</sup>**

**Location: weight room.**

**Time: First Lunch Bell**

Information meeting for ALL boys in grades 9, 10, 11 and 12 that are interested in playing Junior and Senior Basketball this winter. Off season training sessions will begin for those athletes not playing football and or Soccer the third week of school. ALL boys interested in playing this season are STRONGLY ENCOURAGED to attend this meeting.

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# **GRAHAM GRIZZLIES ATHLETICS**

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**Coming This Winter:**

**Grade 7 Girls Basketball**

**Grade 7 Boys Basketball**

**Grade 8 Girls Basketball**

**Grade 8 Boys Basketball**

**Grade 9 Boys Basketball**

**Grade 9 and or Junior Varsity Girls Basketball**

**Junior Varsity Boys Basketball**

**Senior Varsity Girls Basketball**

**Senior Varsity Boys Basketball**

For any questions about the upcoming basketball seasons please contact Jake Mouritzen:

[jake\\_mouritzen@sd33.bc.ca](mailto:jake_mouritzen@sd33.bc.ca)